



# JKPS

‘B’ Paschimi, Shalimar Bagh, Delhi-110088

## WORKSHOP FOR TEACHERS ON CHILD SAFETY AND WELL BEING

JKPS organised a workshop on **Child Safety and Well-Being** which was designed to raise awareness and provide practical guidance on creating safe environments for children. The session aimed at empowering our esteemed teachers with knowledge and strategies to promote child safety both at home and within the community. The event was held on 6 January 2025 in the School Auditorium and was attended by the teachers.

The workshop was divided into the following key sessions and was conducted by 2 distinguished speakers Ms. Parnika Rastogi and Advocate Janhavi Singh. The first session focused on defining **child safety** and the broader concept of **child well-being**. The facilitator highlighted that child safety is not just about protecting children from physical harm, but also ensuring their emotional, psychological, and social needs are met. Participants learned that child well-being encompasses safety, health, education, and emotional development.



This session addressed the various forms of **child abuse**—including **physical abuse**, **emotional abuse**, **neglect**, and **sexual abuse**. The facilitator shared real-life case studies and discussed how abuse can manifest. The session concluded with a discussion on how to approach children who might be experiencing abuse, emphasizing the importance of creating an open, non-judgmental environment for children to express themselves.

The workshop also emphasised on the provisions for the protection of children from sexual offenses under the Act, including reporting, investigation, and the role of law enforcement. Different categories of offenses under POCSO and the associated penalties were discussed understanding how Special POCSO Courts work and how they expedite cases involving children. The main emphasis was made on the reporting of The legal obligation for individuals to report suspected cases of child sexual abuse.

In this session, participants were introduced to **preventive measures** and **reporting mechanisms** for child abuse. The facilitator explained the process for **reporting suspected abuse** to authorities, and the legal responsibilities of parents, educators, and other adults in positions of care. The teachers enriched their knowledge about child protection laws, mandatory reporting, and how to identify red flags that indicate a child might be in danger. The role of schools, healthcare providers, and community organizations in protecting children was also highlighted.

The focus of this session was on practical strategies for creating **safe physical and emotional spaces** for children. The session encouraged participants to be vigilant and proactive in making sure their children feel supported and protected at all times.

Practical tools were provided to help caregivers create an environment that nurtures emotional growth, such as mindfulness exercises, encouraging open conversations, and offering emotional validation.



Participants engaged in group discussions where they shared experiences, challenges, and strategies for ensuring child safety and well-being in their personal and professional lives. This session provided an opportunity for peers to learn from each other and offered solutions for common issues faced in child protection.

The workshop concluded with a **Q&A session**, where participants were able to ask specific questions related to child safety and well-being. The facilitators provided insightful answers and practical advice for dealing with various child protection concerns.

Participants were asked to fill out a feedback form to evaluate the workshop's effectiveness. Preliminary feedback indicated that the workshop was informative, practical, and highly beneficial for those working with children.